

## Set lunch menu

3 courses - £25

### Starter

Frockles, chilli salt, nori mayonnaise

Parsnip & apple soup

### Main

8oz Welsh pork ribeye, pickled onion, apple & mustard sauce

Falafel burger, fries

### Dessert

Lan y Môr pistachio affogato, espresso, Tregroes waffle

Lan y Môr sticky toffee pudding, mango ice cream

### Extras - £6

Crispy bread rolls, sage & onion stuffing butter

Wholemeal sourdough, burnt leek butter

Tenderstem broccoli, spring onion

Skin on fries

**V | VG | GF | DF**

We offer gluten-free, dairy-free, vegetarian, and vegan alternatives for most dishes.  
Please notify a member of staff if you have specific dietary requirements.