

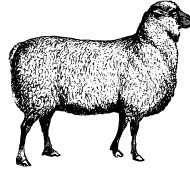
## House Cocktails



Ddraig Felys mocktail - £7  
*Red grape, verjus, cranberry*

Bananarac - £15  
*Welsh whiskey, cognac, banana*

Sandy beach - £15  
*Singani 63, pineapple, rosemary, elderflower*



## Snacks to share

Angle bay katsu oysters  
*Deep fried, katsu curry sauce & pickled ginger*  
 1x - £6 | 3x - £15 | 6x - £27

Selwyns' Gower frockels - £8  
*Crispy cockles, chili salt & nori mayonnaise*

Nocellara olives - £6

Smoked almonds - £5

Grilled garlic pittas - £8  
*Hummus, Manorbier rapeseed oil*

Wholemeal sourdough - £6  
*Burnt leek butter*

Crispy bread rolls - £6  
*Sage & onion stuffing butter*



## Small plates

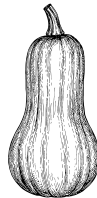
Thai spiced fishcake - £10  
*Asian slaw, coconut, pickles*

Carmarthenshire cured meats & pickles - £16

Welsh pork currywurst - £10  
*Dewi James bratwurst & curried tomato sauce*

Welsh truffle mac & cheese - £16  
*Macaroni, Black bomber, crispy ham*

Welsh rarebit- £12  
*Sourdough, leeks, ham hock, Snowdonia cheese*



## Pasture

Pembrokeshire steaks  
*Braised field mushroom, grilled tomato & garlic butter*  
 8oz Flat iron - £26  
 12oz Ribeye - £42

Welsh pork ribeye - £20  
*Sage & onion crumb, apricots & cider sauce*

Gower salt marsh lamb burger - £18  
*Pretzel bun, minted onions & Snowdonia cheese*

Confit duck leg - £24  
*Honey glaze, spiced butter bean cassoulet & kale*

Welsh lamb rump - £24  
*Green olive & pea tapenade*

## Sea

Saundersfoot fish of the day - market price  
*Dashi leeks & miso*

Saundersfoot dressed half lobster - £34 Whole - £64  
*Tandoori butter, lime pickle, pitta bread, fennel salad*

Copper Bay Smokery salmon - £18  
*Warm lentil, beetroot & walnut salad, honey dressing*

Lan y Mor fisherman's pie - £20  
*Parmesan crust & peas*

## Land

Roast butternut squash - £18  
*Spiced cassoulet, kale*

Perl-las blue cheese gnocchi- £18  
*Broccoli, walnut & toasted seeds*

Falafel burger - £16  
*Pretzel bun, beet jam & hummus*

BBQ maitake & king oyster mushroom - £16  
*Mushroom ketchup, soy & ginger dressing*

## Sides

Skin on fries - 6

Tenderstem broccoli - 6  
*Hoisin & crispy onions*

Hispi cabbage - 6  
*Lemon, mint & cumin*

Pembrokeshire New Potatoes - 6  
*Thyme & smoked garlic*

Grove garden salad - 6  
*House dressing*



**V | VG | GF | DF**

*We offer gluten-free, dairy-free, vegetarian, and vegan alternatives for most dishes. Please notify a member of staff if you have specific dietary requirements.*